





Bert was a true gentlemen and an inspiration for many young club riders and Team Ohten Aveas are very proud to be promoting his memorial event.

"Riding behind Bert's super smooth wheel in 1983 was the first time I beat the hour for 25 miles..I was 14 years old"

Richard Oakes: Team member of Team Ohten Aveas

VTTA Bert Christian Memorial 25-mile Open TT- promoted by Team Ohten Aveas 20th August 2022. First rider off @ 14:00 hrs

Promoted for and on behalf of VTTA under Cycling Time Trials Rules and Regulations

Organiser Details:

Roy Oakes 07849 638529 <u>maggieandroy@icloud.com</u>

635 Nuthall Road, Cinderhill, Nottingham, NG8 6AF, Assistant Richard Oakes 07768 827112

Timekeepers:

Mr Tom Bailey and Sue Bowler

Assistants Jeff Bowler and Bill Stanley

Course

A25/34

HQ Event Information

Farndon Memorial Hall

Marsh Lane

Farndon

Notts

NG24 3SZ

The HQ will be open from 12:00, Toilet facilities are available but no changing facilities in HQ. Please arrive ready to race. Strictly **NO CHANGING IN THE HALL CARPARK** as it is near a children's play area and there have been several complaints at previous events. Any further incidents will result in the loss of the hall as a venue for cycling events.

Please be courteous to residents and other local road users. Do not double park on Marsh Lane or block driveways.

There are several laybys on the old A46 before and after the start and some areas of flat grass verge near Eden Hall suitable for parking. Please do not park near to the start.

Don't forget to sign on and sign off otherwise your ride won't be recorded.

A free drink will be provided in exchange for your number!

Course Information

The event is being held on the A25/34 course.

Start 36 yards after speed derestriction sign on southbound exit from East Stoke on the old A46.

Proceed south to Turn Left at traffic island (near Eden Hall) to pass over A46 to Turn Left onto A46 southbound slip road.

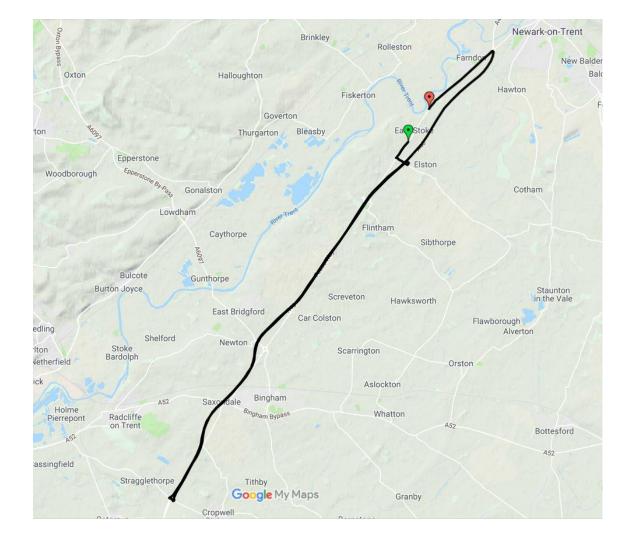
On A46, proceed south to take slip road from A46 to new traffic roundabout at junction to Cropwell Bishop & Cotgrave (Stragglethorpe Junction).

Take the 4th exit to pass under the A46 to second roundabout (approx. 10.36 miles.)

Take 3rd exit to slip road onto A46 northbound and proceed towards Newark.

At Farndon roundabout take the first exit onto old A46 (Fosse Way) (Approx. 23.12miles)

Proceed south on old Fosse Way to Finish at start of fence on RHS at gateway to River Trent and just before Stoke Warren Farm on approach to East Stoke. (25.00miles).



Safety Instructions for riders

- Competitors should not attend if they feel ill in ANY way or if family have any symptoms of COVID 19.
- An elevated resting heartrate or exceptionally quick to react heartrate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of adverse warmup.
- Warmups, please use the old A46 north of the start but be aware of earlier starting competitors approaching the finish.
- Competitors must not leave any personal items with the timekeeper.
- Competitors on finishing MUST NOT stop at finish.
- It is strongly advised that all competitors carry a mobile phone and take with them the telephone number of the event organiser. Please telephone the organiser if you have failed to finish the event.
- Please do not arrive at the start line more than 5 minutes before your start time as there is limited space to maintain social distancing.
- There will be no pusher off and all competitors will need to start with one foot on the ground.

- All competitors must start the race with a working white front light and a working red rear light. NO LIGHTS? NO START!
- All competitors must wear an approved helmet. NO HELMET? NO START!
- You <u>MUST</u> personally sign back in again upon completion of your ride otherwise YOU WILL receive a DNF!
- Please ensure if you pass the finish timekeeper on the way to the start that it is plain that you are not racing.

Prizes

No formal presentation or results are planned after the event. Results will be uploaded once verified and as soon as they are made available. Prizes will be posted out to riders after the event and within 28 days. 1 rider - 1 prize (except team awards)

Actual time Men	Actual time Women	Best on Std Men	Best on Std Women	Fastest team on Std (team of 3)
1. £50	1. £50	1. £75	1. £75	£50 per rider
2. £35	2. £35	2. £50	2. £50	
3. £25	3. £25	3. £35	3. £35	
4. £15	4. £15	4. £25	4. £25	

Course Record Solo Men £50 & Course Record Solo Ladies £50

Course Records

Solo Male 46:57

Solo Female 50:42

We hope that you have an enjoyable, swift and safe ride. Good Luck.